

Chickasaw County Board of Health
January 9, 2026
Meeting Minutes

The Chickasaw County Board of Health met at the Chickasaw County Community Services Building on Friday, January 9, 2026. Toni Friedrich, Chair, called the meeting to order at 2:00 p.m.

The members were Joan Knoll, Karen Sinnwell, Jeremy McGrath, and Toni Friedrich. Absent Dr. Brinkman

The guests were Lisa Welter, RN, Administrator; Ann Knutson, RN, Assistant Administrator; Anita Eschweiler, BOH Secretary; Andrea Kime, LPN, Immunization Nurse; Kianne Smith, I Smile, and Amanda Josvanger, 1st Five.

A motion by Knoll, seconded by McGrath, to approve the agenda. Ayes: Knoll, Sinnwell, McGrath, and Friedrich. Absent: Dr. Brinkman. Motion carried.

A motion by Knoll, seconded by McGrath, to approve the December 12, 2025, Board of Health Meeting Minutes. Ayes: Knoll, Sinnwell, McGrath, and Friedrich. Absent: Dr. Brinkman. Motion carried.

Public Comment: Lisa introduced Karen Sinnwell, who provided an overview of her background.

Elect New Officers – Chair, Vice-Chair, Board Secretary

Knoll nominated Friedrich for BOH Chair. There were no other nominations. Motion by Knoll, seconded by McGrath, to elect Friedrich as BOH Chair. Ayes: Knoll, Sinnwell, McGrath, and Friedrich. Absent: Dr. Brinkman. Motion carried.

Friedrich nominated McGrath for BOH Vice-Chair. There were no other nominations. Motion by Friedrich, seconded by Knoll, to elect McGrath as BOH Vice-Chair. Ayes: Knoll, Sinnwell, McGrath, and Friedrich. Absent: Dr. Brinkman. Motion carried.

Knoll nominated Eschweiler for BOH Secretary. There were no other nominations. Motion by Knoll, seconded by McGrath, to elect Eschweiler as BOH Secretary. Ayes: Knoll, Sinnwell, McGrath, and Friedrich. Absent: Dr. Brinkman. Motion carried.

Set meeting date and time

Motion by Knoll, seconded by McGrath, to set the BOH meetings on the second Friday of each month at 9:00 a.m.

I-Smile

Kianne Smith updated board members on I-Smile program activities in Chickasaw County over the past year. The number of children and adults who benefited from this program was discussed. Also discussed the number of dental screenings done in the school, the number of fluoride varnishes applied to teeth, and the level of fluoride in the city's water.

1st Five

Amanda Josvanger explained that this program is for children from birth to age 5. They provide developmental screenings and referrals to many resources. In 2025, this program saw 3 children in Chickasaw County.

Kianne Smith and Amanda Josvanger left at 2:33 p.m.

Environmental Health

Environmental Health Update

The agency's activities for December 2025 were presented. Derek completed 5 septic site final inspections, 2 well site evaluations, 2 well site permits, 21 water tests, and 1 pool inspection. Derek attended Zoom meetings on December 10 and 12, 2025, on Chapter 69. He attended a regional meeting on December 12, 2025, and signed a minor subdivision at the assessor's office on December 18, 2025. Derek also attended a well webinar on January 17, 2026

Home Health

Home Health Update

The monthly home health update was presented. Census 56, Medicare 9, Medicare HMO 3, Medicaid 19, VA 13, Other 12, Referrals 14, Admissions 9, Failed Admits 5, Discharges 8, Unbillable 6, Nurse visits 142, Aide visits 215, Homemaker visits 190, and 87 Therapy visits.

Staff Evaluations

Lisa conducted one staff evaluation. It was favorable.

Business Operations

Monthly Claims

The claims for Public Health were \$11,959.54. The mileage claims were \$2,557.10. The total Public Health claims were \$14,516.64. Environmental Health claims were \$2,632.42 for a grand total of \$17,149.06. A motion by Knoll, seconded by McGrath, to approve the claims as presented. Ayes: Knoll, Sinnwell, McGrath, and Friedrich. Absent: Dr. Brinkman. Motion carried.

Tina Britt arrived at 2:45 p.m.

Payroll Approval

A discussion was held regarding Lisa's payroll hours for the Opioid settlement money. A motion by McGrath, seconded by Knoll, to approve payroll ending December 21, 2025, and January 4, 2026. Ayes: Knoll, Sinnwell, McGrath, and Friedrich. Absent: Dr. Brinkman. Motion carried.

Budget

A discussion was held by members regarding the environmental health expenses and revenues for the 2026-2027 budget. A motion by McGrath, seconded by Knoll, to approve the revenue of \$76,250.00 and expenditures of \$93,698 for Environmental Health for the budget year 2026-2027. Ayes: Knoll, Sinnwell, McGrath, and Friedrich. Absent: Dr. Brinkman. Motion carried.

A discussion was held among members regarding public and home health expenditures and revenue for the 2026-2027 budget. A motion by McGrath, seconded by Knoll, to approve the revenue of \$671,385.00 and expenditures of \$1,256,090.00 for the fiscal year of 2026-2027. Ayes: Knoll, Sinnwell, McGrath, and Friedrich. Absent: Dr. Brinkman. Motion carried.

Delegation of Signatory Authority

A Motion by McGrath, seconded by Knoll, to approve the delegation of Signatory Authority for the Administrator to sign required documents. Ayes: Knoll, Sinnwell, McGrath, and Friedrich. Absent: Dr. Brinkman. Motion carried.

Public Health

Communicable Disease Update

There was 1 new Campylobacter case. Lisa is following 1 new latent TB.

Animal Bites

Lisa reported 1 cat bite in December. The patient received the rabies series, as this was a stray cat.

Grant Update

Anita provided the spreadsheets included in the Board of Health packet.

Lisa said she was added to subcontract with Marion County on the Healthy Hometown grant, federal money given to the state of Iowa. This money is from the Big Beautiful Bill.

The next Board of Health meeting is February 13, 2026, at 9:00 a.m.

A motion by Knoll, seconded by McGrath, to adjourn the meeting at 4:10 p.m. Ayes: Knoll, Sinnwell, McGrath, and Friedrich. Absent: Dr. Brinkman. Motion carried.

Anita Eschweiler, BOH Secretary

Attested by Lisa Welter, RN,
Chickasaw County Public Health Agency Administrator